

TELL YOUR STORY

5 DAY CHALLENGE



DAY 5

Share Your Story

ONE STORY CAN MAKE YOU MILLIONS

When you find the bravery to tell your story, it can lead to new clients, new investors, new supporters, media exposure, brand partnerships, a book deal, and rewards you cannot even envision yet.

Deep breath. Gather your courage.

It's time to share your story—with an audience of 1 person, 10 people, or thousands.

Share your story with a client, student, investor, journalist, or with your online community or following. Who needs to hear your story today?

QUESTIONS

#1

***WHOSE LIFE WILL BE
CHANGED BECAUSE YOU
FOUND THE COURAGE
TO SHARE YOUR STORY?***

A particular client? A student?
Everyone in your community?
Your child? Yourself?

QUESTIONS

#2

***WHO'S GOING TO HEAR
YOUR STORY TODAY?***

Are you going to tell it to one client, one friend, your entire Instagram following, a group of colleagues, to your workplace team, or...some other kind of audience?

What's your plan?

QUESTIONS

#3

*HOW ARE YOU GOING TO
TELL YOUR STORY AND
EXACTLY WHAT?*

IG livestream at 3 pm today?

Zoom meeting at 4 pm?

In a video or audio file that you
record and send to your mailing
list at 6 pm tonight?

What's your plan?

QUESTIONS

#4

***WHAT ARE YOU GOING
TO TELL YOURSELF
RIGHT BEFORE YOU
SHARE THIS STORY?***

"Someone's life will be changed by this story."

"This story happened to me for a reason. I know someone will be healed when I share it."

"I want to inspire people to take action. Which means, I need to share a story today."

"If Michelle Obama was sitting here with me she would say GO TELL YOUR STORY so that is what I am going to do!"

"I want to become an expert storyteller. I want to use words to change lives. The only way to reach 'expert' status is to practice! Today I am practicing."

What are you going to say to yourself?

QUESTIONS

#5

*HOW WILL YOU
CELEBRATE ONCE
YOU'VE SHARED IT?*

Celebratory Peloton ride?

Dinner with a friend?

Luxury bougie nap with
lavender scented sheets?

DAY 5

YOUR ASSIGNMENT FOR TODAY

1. Complete take 2 of strengthenstages.com/challenge-pitch
2. Upload take 2 of your story in the homework thread
3. Complete the Day 5 Video Ask
4. Touch and Agree on the work above and below yours

TELL
YOUR 5 DAY CHALLENGE
STORY